

# Summary of CMS Final Rule: 2024 Medicare Advantage and Part D Final Rule (CMS-4201-F)

On April 5, 2023, the Centers for Medicare & Medicaid Services (CMS) issued a final rule that revises the Medicare Advantage (MA or Part C), Medicare Prescription Drug Benefit (Part D), Medicare Cost Plan, and Programs of All-Inclusive Care for the Elderly (PACE) regulations to implement changes related to a series of requirements, including prior authorization, marketing and communications, health equity, provider directories, coverage criteria, network adequacy, and other areas. The final rule was published in the April 12, 2023 *Federal Register*, and will be effective June 5, 2023. This summary focuses on provisions potentially applicable to the DMEPOS community. The complete final rule can be downloaded here: https://www.federalregister.gov/public-inspection/current.

## **Provisions Applicable to Medicare Advantage DMEPOS Suppliers**

#### **Utilization Management**

- CMS states that it is clarifying that the final rule clarifies clinical criteria guidelines to ensure
  people with MA receive access to the same medically necessary care they would receive in
  Traditional Medicare. CMS states that this clarification "aligns with recent Office of Inspector
  General (OIG) recommendations. Specifically, CMS clarifies rules related to acceptable coverage
  criteria for basic benefits by requiring that MA plans must comply with national coverage
  determinations (NCD), local coverage determinations (LCD), and general coverage and benefit
  conditions included in Traditional Medicare regulations."
- CMS is also finalizing that when coverage criteria are not fully established, MA organizations
  may create internal coverage criteria based on current evidence in widely used treatment
  guidelines or clinical literature made publicly available to CMS, enrollees, and providers. In the
  final rule, CMS defines when applicable Medicare coverage criteria are not fully established by
  explicitly stating the circumstances under which MA plans may apply internal coverage criteria
  when making medical necessity decisions.

# Prior Authorization

- CMS states that its final rule streamlines prior authorization requirements, including adding
  continuity of care requirements and reducing disruptions for beneficiaries. CMS' final rule
  requires that coordinated care plan prior authorization policies may only be used to confirm the
  presence of diagnoses or other medical criteria and/or ensure that an item or service is
  medically necessary.
  - The rule also codifies sub regulatory guidance that indicates prior authorized equipment cannot be later denied for medical necessity.
- The final rule requires coordinated care plans to provide a minimum 90-day transition period when an enrollee currently undergoing treatment switches to a new MA plan, during which the new MA plan may not require prior authorization for the active course of treatment.
- CMS is requiring all MA plans establish a Utilization Management Committee to review policies annually and ensure consistency with Traditional Medicare's national and local coverage decisions and guidelines.



The final rule requires that approval of a prior authorization request for a course of treatment
must be valid for as long as medically reasonable and necessary to avoid disruptions in care in
accordance with applicable coverage criteria, the patient's medical history, and the treating
provider's recommendation.

# Network Adequacy

• In the rule, CMS indicates MA plans must arrange for and cover any medically necessary covered benefit outside of the plan provider network, but at in-network cost sharing, when an innetwork provider or benefit is unavailable or inadequate to meet an enrollee's medical needs.

## Marketing Requirements

- CMS is prohibiting ads that do not mention a specific plan name as well as ads that use words and imagery that may confuse beneficiaries or use language or Medicare logos in a way that is misleading, confusing, or misrepresents the plan.
- In the rule, CMS also establishes important protections that prevent predatory behavior and
  finalized changes that strengthen the role of plans in monitoring agent and broker activity. CMS
  is also finalizing requirements to further protect Medicare beneficiaries by ensuring they receive
  accurate information about Medicare coverage and are aware of how to access accurate
  information from other available sources.

## Advancing Health Equity

- CMS is clarifying current rules, expanding the example list of populations that MA organizations must provide services to in a culturally competent manner. These include people: (1) with limited English proficiency or reading skills; (2) of ethnic, cultural, racial, or religious minorities; (3) with disabilities; (4) who identify as lesbian, gay, bisexual, or other diverse sexual orientations; (5) who identify as transgender, nonbinary, and other diverse gender identities, or people who were born intersex; (6) who live in rural areas and other areas with high levels of deprivation; and (7) otherwise adversely affected by persistent poverty or inequality.
- CMS is finalizing requirements for MA organizations to develop and maintain procedures to
  offer digital health education to enrollees to improve access to medically necessary covered
  telehealth benefits.
- CMS is requiring MA organizations to include providers' cultural and linguistic capabilities in provider directories.
- CMS is requiring that MA organizations' quality improvement programs include efforts to reduce disparities.